



Jenny Bellemore – Physiotherapist
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28 January 2005
PHYSIOTHERAPY REPORT
RE: Tamsin Colley MRN: 149 4960
DOB: 10.9.02

Consultants: Drs Teo/Johnston

Tamsin has been seen regularly in physiotherapy since surgery March 2004 for removal of posterior fossa pilocytic astrocytoma. She attends POWH Place day care two days per week and we are in contact with her progress there as well. Her main concern is ataxia since surgery.

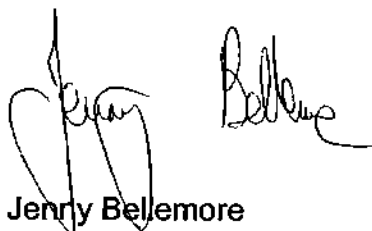
Current Abilities

- Tamsin was seen in physiotherapy yesterday and was observed to do the following:
- come to stand from the floor via “bear walk” position, and balance for a few seconds after coming to upright
 - stand alone for increasing periods of time with safe set up
 - walks with one hand held
 - can take a couple of steps alone in a rather unsteady gait
 - crawls up/down steps
 - can walk up/down steps with hand held and 1 rail
 - stands from sitting on stool
 - walk using Kaye walker and standby supervision (tried yesterday and now has on loan)
 - moves into/out of variety of sitting positions, but prefers “W” sitting position
 - climbs furniture
 - uses both hands in play but some preference to using right hand.

Above movements are all dominated by ataxia, although this has improved over time. When initially seen, Tamsin was unable to sit independently and all movements were markedly affected by ataxia. Her progress is slow but with gradual improvement of quality of movement.

Tamsin's mother, Cathy, is a physiotherapist and is very pro-active with Tamsin's therapy. As well as encouraging her balance and gross motor skills, Tamsin is using a treadmill at home (modified with a broomstick to hold on) and is to start a dance/movement class at "Jitterbugs" next week. She has a dedicated carer at POWH Place who works one on one with Tamsin and we have met recently to go over activities to encourage while Tamsin is at child -care. Tamsin has regular opportunities to go to parks/playgrounds and I feel is being given every opportunity to improve her motor skills.

Current aims in physiotherapy are to work towards independent walking, improved balance reactions, moving onto higher movement skills. I plan to continue to see Tamsin monthly. She is also having regular speech therapy and occupational therapy.

A handwritten signature in black ink, appearing to read 'Jenny Bellemore', written in a cursive style.

Jenny Bellemore

Cc: Dr C Teo
Dr H Johnston
Jason Lowe, OT
Bronwyn Carrig, SP
Dr Sarah Wilkinson, GP
Physio File
Parents